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Mirror Lake Recovery Center Expands Access to Detox Beds, Upgrades Facility

BURNS, Tennessee (August 03, 2020) – Mirror Lake Recovery Center, middle Tennessee’s premier addiction treatment center, has expanded access to its detoxification program and made several upgrades across its 75-acre campus.

Mirror Lake has added additional beds to its medical detox program, which allows for greater access to care for individuals who are experiencing withdrawal symptoms while trying to rid their body of an addictive substance. With 24/7 supervision, Mirror Lake’s detox program helps clients minimize discomfort and maximize results before entering residential or outpatient treatment with a clear mind.

“Our goal is to set the standard for excellence in the treatment of addiction and co-occurring mental health concerns, and adding beds to our detox unit is an enormous step in that direction,” Mirror Lake CEO Alicia Svarda said. “Being able to guide more clients through the withdrawal process successfully equates to fewer unaddressed substance use disorders across the region.”

In addition to the detox program expansion, Mirror Lake has opened a brand-new admissions building and announced the renovation of all client cabins, which includes updated bathrooms.

“Making the decision to receive treatment is a courageous choice, and those who take that leap deserve a first-class facility,” Svarda said. “As someone who grew up in Dickson County, it’s both a personal and professional joy to work somewhere that continues to provide top-notch, personalized care to the people in need within our community.”

About Mirror Lake Recovery Center

For more than 30 years, Mirror Lake Recovery Center has provided compassionate support and superior treatment to adults who are struggling with substance use disorders. With residential, outpatient, and detoxification programs, along with a specialty Christian treatment track, Mirror Lake delivers personalized, evidence-based care that promotes physical, mental, emotional, and spiritual transformation.